

The Prior Approver

February 2026 | Volume 2, Issue 5



The Numbers of 2025

310

CPE Providers joined CDR's CPEU Prior Approval Program

4,351

CPE activities approved

512

CPE activity applications submitted in September 2025 (highest submission by month)



Welcome to *The Prior Approver*, CDR's quarterly newsletter for CPE Providers. As we enter a new year, we celebrate the incredible work of our CPE Providers. In this issue, we shine a spotlight on our CPE Providers, dive into timing outlines, and share key reminders and updates to keep you moving forward!

Timing Outline Deep Dive

Accurate timing outlines are essential for successful application review. To help ensure compliance, keep the following in mind:

→ Learner assessment must be clearly indicated and separate from closing/wrap-up and CPE evaluations.

→ Start date in the application **must** match the start date on the timing outline.

Example timing outlines are available on CDR's website and in the Provider Resources tab of the CPE Provider Portal.

A Huge Thank You!

We are excited to recognize the incredible work of our CPE Providers, whose dedication ensures high-quality education for credentialed practitioners.

On January 23, 2026, we celebrated [Healthcare Continuing Education Professionals Day](#), honoring the commitment and expertise of everyone involved in developing and delivering continuing education.

Your contributions are deeply appreciated by all of us at CDR, and we look forward to the ongoing opportunities you create for our practitioners.

The Prior Approver

February 2026 | Volume 2, Issue 5



Test Your Prior Approval Knowledge

Case Study: You will offer a 65-minute live activity, which will include a 5-minute introduction, a 45-minute presentation, and a 10-minute Q&A session. How should learner assessment be identified on the timing outline?

Check your answer below!



Answer: Learner assessment should be clearly identified on the timing outline. See example:

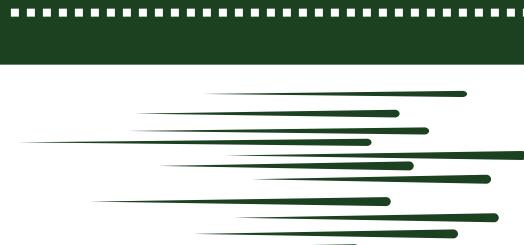
1:00pm-1:05pm → speaker introduction
1:05pm-1:50pm → speaker presentation
1:50pm-2:00pm → Q&A (learner assessment)
2:00pm-2:05pm → closing comments

Reminder: time for learner assessment should be separate from time for wrap-up, closing, and learner evaluations.

Resources & Reminders!

Please take the time to fill out our updated [Provider Satisfaction Survey!](#)

Learners may not use the same content to complete assessments from different CPE activities. Additional information is available in the CPE Activities section of the PDP Guide.



Meet the Prior Approval Team



Kari Grigowski
RDN

What is your role within CDR?
Manager, Prior Approval & Provider Compliance

What is a fun fact about you?
I love to bake! My absolute dream is to open a cafe/bakery on the beach one day!

What is your best advice to CPE Providers?
Utilize the Provider resources that are available within the CPE Provider Portal, and don't overthink it when completing an activity application. Sometimes, less is more!